

VA Claim Help Comparison Checklist

Compare self-service software, VSOs, accredited help, and consulting offers carefully.

Identify what you need

- ☐ Decide whether you need organization, education, filing help, representation, or medical review.
- ☐ Write what is urgent: deadline, denial, missing evidence, exam, rating, or form.
- ☐ Mark what you are comfortable doing yourself and what needs expert help.
- ☐ Keep official filing and representation decisions separate from software prep.

Compare roles and fees

- ☐ Check whether the person or organization is VA-accredited if they advise or represent you before VA.
- ☐ Ask whether fees are flat, subscription-based, hourly, contingency-based, or outcome-based.
- ☐ Ask what happens if the claim is denied, delayed, or needs appeal support.
- ☐ Watch for pressure sales, guarantees, or requests for unnecessary sensitive access.

Choose a safer path

- ☐ Use free official resources and accredited help when appropriate.
- ☐ Use self-service software for organization, drafts, and prep you control.
- ☐ Keep copies of records, agreements, submissions, and communications.
- ☐ Stop and verify if a claim sounds too certain or too rushed.

Educational prep checklist only. ValorAI is not VA, a VSO, an attorney, an accredited claims agent, or a medical provider. This is not legal or medical advice and does not guarantee benefits. Use official VA channels or accredited help when you need filing or representation support.