

VA Claim Question Prep Checklist

Turn a messy claim-prep question into records, facts, and next steps to verify.

Write the question clearly

- Name the benefit, condition, form, letter, or deadline you are asking about.
- Write what you already tried or what VA already sent you.
- Separate facts you know from assumptions or guesses.
- Add the date of the VA letter, appointment, deadline, or event if relevant.

Gather the context

- List the records or screenshots you plan to review before sharing sensitive files.
- Note the condition, service period, claim status, and current rating if relevant.
- Write the top three facts that would help someone understand the issue quickly.
- Mark anything that needs VA.gov, VSO, or accredited-help verification.

Leave with a next action

- Ask ValorAI for a short evidence list and a separate question list.
- Decide whether the next step is chat prep, official VA action, or accredited help.
- Save the answer with your own notes so you can correct or update it later.
- Do not treat software output as a filing decision or representation advice.

Educational prep checklist only. ValorAI is not VA, a VSO, an attorney, an accredited claims agent, or a medical provider. This is not legal or medical advice and does not guarantee benefits. Use official VA channels or accredited help when you need filing or representation support.