

Spouse / Family Claim Support Checklist

Help organize the paperwork load while keeping the veteran in control.

Clarify the support role

- ☐ Ask what the veteran wants help with: records, appointments, notes, forms, or reminders.
- ☐ Confirm permission before opening, uploading, or sharing sensitive records.
- ☐ Keep the veteran in control of factual statements and filing choices.
- ☐ Use shared notes so corrections and updates are easy.

Organize the packet

- ☐ List claimed conditions, current symptoms, medications, and treatment locations.
- ☐ Collect decision letters, records, appointment notes, and official forms.
- ☐ Create a timeline for service events, symptoms, treatment, claims, and decisions.
- ☐ Track deadlines and who is responsible for each next step.

Prepare better conversations

- ☐ Write questions for VA.gov, a VSO, accredited help, or a clinician.
- ☐ Separate your observations from the veteran personal statement.
- ☐ Use buddy statements only when the witness reviews and owns the words.
- ☐ Ask accredited help when representation or legal strategy is needed.

Educational prep checklist only. ValorAI is not VA, a VSO, an attorney, an accredited claims agent, or a medical provider. This is not legal or medical advice and does not guarantee benefits. Use official VA channels or accredited help when you need filing or representation support.